# **School of Holistic Touch Program Requirements**

## **Massage Therapist**

## **500 Hours**

Required Classes	<u>Hours</u>	<b>Tuition</b>
Swedish American	120	\$1,075
Anatomy Physiology	48	\$475
Structural Kinesiology	60	\$450
Business	24	\$395
Pathology	28	\$395
Deep Tissue Massage	72	\$550
Body Mechanics	20	\$345
Acupressure	32	\$475
Headaches	12	\$250
CPR	5	(TBA)
Electives*	79	\$1,600

**Approx. Total** 500 \$6,010

#### **Electives**

Lymphatic Drainage	28	\$395	Shitasu/Tuina	20	\$325
Hot Stone Massage	20	\$345	Fibromyalgia	20	\$345
Lomi Lomi	24	\$365	Spa Therapies	24	\$345
Oncology/Hospital	20	\$345	Magnet Therapies	8	\$175
Prenatal/Infant	24	\$365	Massage Cupping	28	\$450
Pranic Healing	20	\$410	Craniosacral	28	\$395
Adv. Pranic Healing	16	\$410	Thai Massage	35	\$410
Sports Massage	48	\$475	Aromatherapy	24	\$345
Nutrition	24	\$410	Vital Energy	28	\$365
Myofascial Release	28	\$395	Reflexology	28	\$395
Office/Chair	20	\$345	Acupressure II	20	\$325

<sup>\*(</sup>Price for elective hours are approximate, depending on which classes are taken).

<sup>\*\*</sup> All classes and prices are subject to change.

# **School of Holistic Touch Program Requirements**

## **Holistic Health Practitioner**

### **1000 Hours**

Required Classes	<u>Hours</u>	<u>Tuition</u>	Required Classes	<u>Hours</u>	<u>Tuition</u>
Swedish American	120	\$1,075	Cnorta Magaaga	48	\$475
	_	. ,	Sports Massage		·
Anatomy Physiology	48	\$475	Nutrition	24	\$410
Structural Kinesiology	60	\$450	Myofascial Release	28	\$395
Business	24	\$395	Reflexology	28	\$395
Pathology	28	\$395	Aromatherapy	24	\$345
Deep Tissue Massage	72	\$550	Vital Energy	28	\$365
<b>Body Mechanics</b>	20	\$345	Office/Chair	20	\$345
Acupressure	32	\$475	Teacher's Assistant	100	N/A
Headaches	12	\$250	Electives*	279	\$5,500
CPR	5	(TBA)			

Approx. Total \$12,640

#### **Electives**

Lymphatic Drainage Hot Stone Massage	28 20	\$395 \$345	Shitasu/Tuina Fibromyalgia	20 20	\$325 \$345
Lomi Lomi	24	\$365	Spa Therapies	24	\$345
Oncology/Hospital	20	\$345	Magnet Therapies	8	\$175
Prenatal/Infant	24	\$365	Massage Cupping	28	\$450
Pranic Healing	20	\$410	Craniosacral	28	\$395
Adv. Pranic Healing	16	\$410	Thai Massage	35	\$410
Acupressure II	20	\$325			

<sup>\*(</sup>Price for elective hours are approximate, depending on which classes are taken)

<sup>\*\*</sup> All classes and prices are subject to change.